



COLORADO
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Sept/Oct 2018 Newsletter

Healthy Bites

Membership Drive

Our state association is participating in this year's Back to School Membership Drive, and we could win big!

This drive began on September 1, 2018 and will end on November 30, 2018. Our state association could win a free registration to SNA's 2018 National Leadership Conference in Sarasota, FL.

You could be a winner, too! Recruit ONE or more new members between June 1, 2018 and May 31, 2019 and you will be automatically entered into a drawing to win 1 of 5 VIP registrations to SNA's 2020 Annual National Conference (ANC) in Nashville, TN!

Member Get a Member Annual Membership Campaign 2018-19



#SNASTRONG

Alone We Whisper,
Together We Shout!

SNA needs more voices raised
in support of
school meal programs.

Message From the President

Welcome to the official start of the 2018-19 CSNA year! Thank you for your continued commitment to school nutrition in Colorado.

Thank you to everyone who joined us for the 3rd annual Industry Seminar at the beginning of this month! We are excited to have this time to network, learn and enjoy the company of our colleagues. With representation from our districts, industry partners and state agencies, we are proud to provide this unique opportunity for collaboration and to generate inspiring ideas for Colorado's school nutrition programs. In addition to our speakers, Logan Weber discussing 'Defining Leadership' and Doug Davis, our current SNA President-Elect updating us on legislative happenings at the national level, we were able to raise a record amount of funds for our members to represent CSNA at the Legislative Action Conference (LAC) in Washington D.C. Please watch for the scholarship information being released soon!

We want to hear your story! It is so, so important that we are able to share the incredible things that are happening in our programs. As we share the stories of our programs we are able to show off the amazing meals we are able to serve kids, connect with others facing the same challenges, and put a true face to school meals. Please consider sharing your story through our campaign. More information is contained in this newsletter.

We were busy this Spring at the Capitol! Thank you to the efforts of several CSNA members, our PP&L committee and our lobbyist Bowditch and Cassell, we were able to partner with several organizations to pass the Lunch Protection Act extending coverage of the reduced copay through 8th grade. Our members will see this change beginning for school year 18-19. As we move forward, we continue to engage with stakeholders to move forward efforts related to school nutrition.

Membership remains over 800 members. July 2018 membership is at 866 members, slightly down from July 2017. Colorado has 131 members who are certified and 72 members who have received their SNS credential. Fifteen additional members earned their SNS credential this summer which is fantastic. About 2/3 of our members are through School District Owned Memberships.

Your CSNA Executive Committee has successfully transitioned into our new roles in August. I am excited to lead a team that is forward thinking, strategic and committed to serving you, our members! We continue to hold our monthly "Huddle Calls" to keep abreast of the many moving parts of our association. The CSNA Executive Committee continues to represent the association on several work groups and coalitions to ensure that the voices of school nutrition operators are heard throughout the state of Colorado. Currently, the Executive Committee is represented on the Retail Food Triennial Program Review and the School Nutrition (Goal 5) Work Group for the Colorado Hunger Blueprint. We will continue to update members with any pertinent and relevant information gleaned from these meetings. We also are committed to providing updates at the Greater Denver Directors meetings.



Erika Edwards, MPH, SNS
2018-19 CSNA President



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SNF Annual Fund

In 2018, the School Nutrition Foundation is encouraging each State Association to participate in the Annual Fund.

SNF provides scholarships for SNA members to pursue their education dreams and to attend SNA conferences;

- In 2017, we awarded more than \$100,000 in education scholarships
- 33 SNA members received scholarships to attend SNA conferences (LAC and ANC)

EQUIPMENT GRANTS - SNF in partnership with Winston Foodservice offers a grant to one school district for up to 10 pieces of equipment including holding cabinets, holding drawers, and re-thermalizers. To apply, directors complete a short survey and then provide a video or photos to show the challenges faced with current equipment.

Follow this link to
Donate:
[https://
www.classy.org/
give/156336/#!
donation/checkout](https://www.classy.org/give/156336/#!/donation/checkout)

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INDUSTRY SEMINAR RECAP 2018

Thank you to everyone that was able to attend the Industry Seminar in Beaver Creek October 3-5, 2018. We enjoyed two days of idea sharing, networking and collaboration with Colorado (and 1 Wyoming!) school nutrition directors and our Industry partners. The salsa competition on Wednesday night was a great way to kick off the event. Congratulations to Team Redstone who took home the bragging rights! Thursday morning we started with an engaging presentation from Logan Weber on Leadership Redefined. Following this, we had a full day of Industry "Speed Dating" in which many connections were made. The Live Auction and fund-raisers were very successful and we exceeded our goals for LAC scholarships! Thank you again for all of the generous donations. Friday was jammed packed with information, starting with a special visit and talk from SNA's President Elect, Doug Davis. Doug shared a wealth of information on his programs in Vermont and some important SNA updates. This was followed by an All Star panel on Strengthening Partnerships. We wrapped up with updates from CDE, CDHS and CSNA. Thank you to all of our participants for their time.

We have set the date for next year. Please mark your calendars for **Sept 25-27, 2019** Westin Riverfront, Beaver Creek. We would love to boost our director attendance for next year!





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School nutrition programs remain vulnerable to budget cuts, funding shortages and the threat of block grants. As a professional association, SNA provides a strong voice of support and defense. From enhancing the image of school nutrition professionals to protecting the integrity—and funding—of federal school meal programs, SNA works to serve your needs, as you work to serve America’s children.

SNA’s voice is your voice. And when more members’ voices are represented, SNA’s influence grows in Congress, the media, and in the school communities we all support. When more voices are represented, more children are nourished and nurtured.

We are looking to increase our membership to over 900 members this year! The below post will be distributed to Administrators and District Leaders in the near future. Please help us spread the word of CSNA's many benefits!

BENEFITS OF CSNA

COLORADO SCHOOL NUTRITION ASSOCIATION



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OPPORTUNITIES TO:



- Develop staff through certificate and credentialing programs
- Learn and grow as part of the CSNA Board
- Attend free educational webinars
- Attend conferences that meet continuing education requirements

- Access to SNA and CSNA website
- SNA magazine subscription
- CSNA newsletters
- Access to multiple industry resources

BENEFICIAL TOOLS:



INCREASE PROGRAM SATISFACTION THROUGH:



- Culinary collaboration
- Cooperative purchasing opportunities
- Best practice sharing
- Connecting with industry partners

Join now at: www.colosna.com

jodi@colosna.com



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CSNA FACEBOOK - FOLLOW US

Our Membership and Marketing committee alongside our Nutrition committee have some exciting things coming your way on our Facebook and Social Media pages.

Make sure that you start following us at Colorado School Nutrition Association (@colosna) and watch for exciting announcements.

If you have photos or articles you would like us to share please send to Jodi@colosna.com.

SHARE YOUR STORIES



Be on the lookout for our 2018-19 drive to collect your stories. We are reaching out to school districts across the state asking them to share their stories that inspire, inform, and elevate how we are feeding our children and operating our child nutrition programs. *You can click above picture to submit your story today!*

UPCOMING EVENTS

JANUARY 13-15, 2019
SNIC
Austin, TX

FEBRUARY TBD 2019
CSNA Day at the Capitol

FEBRUARY 24-26, 2019
LAC
Washington, D.C.

JUNE 12-13, 2019
CSNA Summer Conference
Embassy Suites, Loveland CO

JULY 14-16, 2019
ANC
St Louis, MO

Sept 25-27, 2019
CSNA Industry Seminar
Westin, Beaver Creek CO



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Halloween

Halloween is a time packed full of sugar and sweets and making healthy choices seems almost impossible at times! Balancing out the sweets offered with some healthy options is a great way to offer choices and decrease the amount of sugar consumed. There are so many great and fun ideas out there to make Halloween a healthier day!

Apple “Teeth” Snacks

Recipe courtesy of Pampered Chef

- 1 medium apple
 - ¼ cup creamy peanut butter
 - 25 mini marshmallows
 - Whole almonds (optional)
1. Cut an apple in wedges and discard the core.
 2. Spread peanut butter along one side of each apple.
 3. For “teeth”, place 5 marshmallows in the peanut butter on five of the apples. (closer to the skin side of the apple).
 4. Press the remaining five apple slices down onto the marshmallows to form a “sandwich” resembling a mouth.
 5. Use the almonds to make “fangs” if desired



Caterpillar Skewers

Recipe courtesy of Just a Pinch Recipes

- 1 bunch of green grapes
 - Handful of bamboo skewers
 - 1 package of mini chocolate chips
 - 1 container of white icing
1. Rinse grapes.
 2. Slide grapes onto a skewer until full.
 3. With frosting, place 2 small dots in place of the eyes and then stick a mini chocolate chip in the middle of the frosting.



Another idea: Buy food safe markers and draw faces on fresh fruit, fruit cups and cheese sticks!

CSNA 2018-19 Industry Members

Thank you for Investing in CSNA

Trustee Members



Let's Create Great Dishes Together!®



Patron Members



CSNA 2018-19 Industry Members

Thank you for Investing in CSNA

Patron Members (continued)



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